

## CDR JEN MURR | USN // Flight Surgeon

CDR Jen Murr grew up in Jackson Center, Ohio and attended Xavier University (BS, 2002). She was commissioned as an Ensign in the Naval Reserves in 2002 and attended Ohio University Heritage College of Osteopathic Medicine (DO, 2006) on a Health Professions Scholarship. She promoted to an active-duty Lieutenant in 2006 and completed an Internship at Naval Medical Center Portsmouth in 2007.

She reported to the Naval Aerospace Medical Institute in Pensacola, Florida to begin training as a Navy Flight Surgeon. Her first duty station was VAW-120 at Naval Station Norfolk. In 2010, she received orders to VP-8 in Jacksonville, Florida and deployed in support of Operation New Dawn with detachments in Isa Air Base, Bahrain and Al Udeid, Qatar from December 2010 to June 2011.

Jen separated from active duty and joined the reserve in 2012, returning to residency as part of the Navy's Training in Medical Specialties Program (TMS). She completed residency training in Emergency Medicine at SUNY Upstate Medical University in Syracuse, New York in 2015 where she also served as Chief Resident.

After residency, she moved to Knoxville, Tennessee to start her Emergency Medicine career at The University of Tennessee Medical Center. She was assigned to the 4th Medical Battalion with the United States Marine Corps as an Emergency Medicine Physician. She completed joint exercises with 4th Medical Battalion to include Global Medic at Fort McCoy, Wisconsin and Operation African Lion in Morocco.

In December 2017, she was assigned to Naval Special Warfare Group 11 with SEAL Team 18 as Flight Surgeon for UAS-18. She most recently served with VR-56 and completed two detachments to INDOPACOM and EUCOM in 2022 and 2023.

Jen is board certified in Emergency Medicine and served as the Fleet Logistics Support Wing (FLSW) Deputy Surgeon and Assistant Specialty Leader for Aerospace Medicine and Flight Surgery. She previously served as the Chair of the BUMED Centralized Credentialing and Privileging Directorate Medical Executive Committee and was awarded the Flight Surgeon of the Year Award in 2011, 2020, and 2022. Her other honors include Navy and Marine Corps Commendation Medal and two Navy and Marine Corps Achievement Medals.